

**About Us.....**

The Danville Independent School District Foodservice Department services 4 schools. All Danville Independent Schools serve breakfast and lunch with all schools qualifying for after school snacks. All 4 of our district's schools are enrolled in the Community Eligibility Provision, allowing all students to receive meals at no charge. Danville Independent sponsored 11 summer feeding sites this past summer. Since COVID-19 our district has offered three types of learning. Self-paced program, virtual learning and hybrid when the infection rate permits.

**Alliance For Healthier Generation Team.....**

The school district began implementation of the Healthy Schools Program during the 2015-2016 school year. The program recognizes schools that create healthier school environments that promote physical activity and healthy eating among students and staff.

**Nutrition & Physical Activity Services ~ Healthy Steps Improvement Plan....**

The District Wellness Committee will review and revise the district's wellness policy to ensure that all of our health and wellness priorities are included.

We will work with each school to ensure the development of a school based wellness team and wellness policy that will implement the Healthy Schools Program.

The Alliance For Healthier Generations will be used as a resource to align Program Review with Nutrition Education, Physical Education, and the assessment of our efforts.

Action plans will be developed and successes will be celebrated.

**Health Inspections.....**

All kitchens are HACCP compliant and inspected by the local Health Department twice a year.

All food service personnel are trained annually on food safety

School Physical Activity Environment Assessment		High
Program/Activity	Elem	Middle
Daily structured recess	Yes	N/A
Provide at least 90 – 150 minutes of physical activity opportunities per week % of enrollment	Yes 100%	Nine Wks. Course Required 100%
Classroom physical activity integrated into the school day.	*Go Noodle	N/A
Intramural physical activity opportunities	Rec. Leagues	Rec. Leagues
Credentialed physical education teachers Healthy Schools	Yes	Yes
Program Implementation %	77%	67%
		85%

With in home learning being the new normal since mid March, physical education teachers and classroom teachers have encouraged movement during the school day.

Hybrid models of in school learning have been implemented as a choice when local infection rates have been maintained. The schools have been diligent in their efforts to protect students observing stringent guidelines and contact tracing.



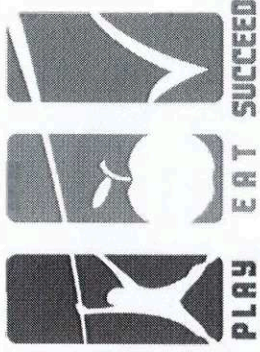
Intense physical activity programs have positive effects on academic achievement, including increased concentration; improved mathematics, reading, and writing test scores; and reduced disruptive behavior.

-- Curricular Physical Activity and Academic Performance, *Pediatric Exercise Science*



**Nutrition & Physical Activity Report Card**

2019-2020 SY



Danville Independent Schools promote a Coordinated Health Program. We are dedicated to serving nutritious meals and providing multiple physical activity opportunities as a means of helping our students reach their maximum goals.



*"Promoting healthy and safe behaviors among students is an important part of the fundamental mission of schools."*

*School Health Index-Centers for Disease Control (CDC)*

"USDA is an equal opportunity provider and employer"

### National School Lunch

The National School Lunch Program (NSLP) was conceived in 1946 as a "measure of national security to safeguard the health and well-being of the Nation's children." School districts receive federal reimbursement for each school lunch served that meets the United States Department of Agriculture nutrition guidelines. These guidelines promote meal quality while commodity donations help the farmer and help schools keep down meal prices.

Our lunch meals are planned on a three-week menu cycle. Federal regulations require that we offer minimum & maximum portion sizes of meat, fruit and/or vegetable, grains/breads and fluid milk during every lunch meal service. Minimum and maximum sodium and calorie counts are also regulated. The menu cycle provides for a variety of foods and allows us to make the most efficient use of donated commodities, especially seasonal fresh fruits and vegetables. We offer 1% and skim milk in a variety of flavors, as well as 100% fruit and vegetable juices.

\*The table below provides a synopsis of the School Food Service Program, including participation and financial data for the 2019-2020 school year.

Federal Meal Reimbursement	\$1,127,945.01
USDA Reimbursement (commodity food)	90983.08
# Schools Participating	4
Total Lunches Served	206,242
Total Breakfast Served	126,267
Total After School Snacks Served	15,000

### School Breakfast

The School Breakfast Program (SBP) was established in 1966. School districts receive federal reimbursement for each school breakfast served that meets the U.S. Department of Agriculture's nutrition guidelines.

Studies show that children who participate in the School Breakfast Program have significantly higher standardized achievement test scores than non-participants. Children with access to school breakfast also had significantly reduced absence and tardiness rates.

### After-School Snack Program

The After-School Snack Program allows after-school care programs with regularly scheduled activities in an organized, structured environment to provide and claim reimbursement for snacks served to school-age children in schools with 50% or more free and reduced rates.

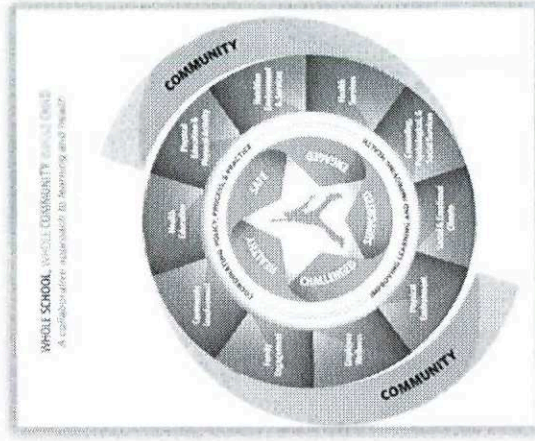
### Summer Feeding Program

The Danville Independent School District offers a Summer Feeding Program which accommodates children in the community up to 18 years of age a free breakfast, lunch and supper during non-school days. As a result of the Pandemic beginning in Mid March, SFP data was included in the graph on the left. We are continuing to operate under the lesser restrictive guidelines of Summer Feeding.

**Danville Schools provide a delivery option to families without transportation to a school pick up site. Over two hundred families have had home deliveries.**

"protecting children's health and cognitive development may be the best way to build a strong America."

-- Dr. J. Larry Brown, Tufts University School of Nutrition



\*A list of food and beverage items available to students during the day can be downloaded from our web site at [www.danvilleschools.net](http://www.danvilleschools.net)

Food and beverage items that are sold as extras on the cafeteria lines or through vending machines or school stores all meet the minimum nutritional standards required by the Kentucky Board of Education. These standards are designed to limit access to items with little or no nutrient density.