

24TH/25TH ANNUAL COACH PLUMMER'S 5K RUN & WALK

**AUGUST 7, 2021
ADMIRAL STADIUM
DANVILLE, KY**

Dear Friends,

I invite you to join me for the 24th/25th Annual Coach Plummer 5K Run/Walk on Saturday, August 7, 2021.

Individuals participating in the 5K run/walk will enjoy the Danville Admiral Cross Country Team's grass trail-- a scenic, but challenging course. The course is located at the Admiral Stadium on Stanford Road in Danville, KY.

Following the 5K run/walk, we will treat you to refreshments donated by Mimi & Steve Becker.

We extend special thanks to our sponsors and donors who help make this event possible.

SPONSORS & DONATIONS

Encompass Financial Advisors
Farmers National Bank
Danville Schools Alumni Association
HomeTown Radio Network:
WHIR & WRNZ
Mimi & Steve Becker
Dr. Charles Zimmerman, Podiatrist
Danville Bike and Footwear
Stith Funeral Home
Kroger

Tye Financial Group
Burkes Bakery
Minuteman Press
Custom Air, Inc.
Family Medicine of Danville
Lexington Insurance Agency
Energy Systems Inc.
10th Planet
Danville Bowlarama & Restaurant
Blue Moon Insurance Agency

THE COURSE: The 3.1-mile course (Admiral Cross Country course) will start and finish at Admiral Football Stadium. The course is a slightly flat and fairly hilly GRASS TRAIL that will be well marked. The course is located on Stanford Ave. near John W. Bate Middle School.

ENTRY FEES: \$18 entries should be mailed and postmarked by Monday, August 2, 2021. Entries on race day are \$20.

MEN/WOMEN DIVISIONS: Age 9 & under, 10-11, 12-14, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80+, Masters, Grand Masters, DHS Alumni*

***DHS Alumni should indicate your age division and alumni status on the entry form!**

AWARDS: Awards will be presented to the overall male and female winners. The top three finishers in each age division will receive a Coach Plummer medal.

5K Run/Walk participants will receive a performance polyester moisture-wicking T-shirt printed with the race logo.

Awards will be presented near the tent top immediately following the race.

PRACTICE RUNS: Guides will be available Tuesday, August 3rd to help familiarize runners/walkers with the course. Please meet at Admiral Stadium at 7pm to participate.

ADDITIONAL INFO: Danville Board of Education (859) 238-1300
For additional entry forms or questions, email chris.verhoven@danville.kyschools.us
All race proceeds are donated to the Danville Admiral Cross Country Teams!

ENTRY FORM -- 24/25 ANNUAL COACH PLUMMER 5K RUN/WALK AUGUST 7, 2021

CIRCLE AGE GROUP

Age 9 & under, 10-11, 12-14, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80+, DHS Alumni

NAME _____ PHONE NUMBER _____

MAILING ADDRESS _____ EMAIL _____

CITY/STATE _____ ZIP _____

DATE OF BIRTH _____ AGE ON RACE DAY _____ GENDER (CIRCLE) MALE FEMALE

SHIRT SIZE (CIRCLE) XXL XLG LG MED SM XS AMOUNT ENCLOSED \$ _____

In consideration of your accepting my entry, I hereby for myself, my heirs, executors, and administrators, do release and discharge any race directors, staff, and all sponsors of the Coach Plummer 5K Run/Walk of any damages or actions in any manner arising or growing out of my participation in the event on Saturday, August 7, 2021, in Danville, KY, I attest and verify that I have full knowledge of the risks involved in this event and that I am physically fit and sufficiently trained to run or walk.

SIGNATURE (IF UNDER 18, PARENT/GUARDIAN MUST SIGN) _____ DATE _____

PLEASE MAKE CHECKS PAYABLE TO DSEFAA AND MAIL TO COACH PLUMMER RUN, C/O DANVILLE BOARD OF EDUCATION,
115 E. LEXINGTON AVE. DANVILLE, KY 40422. PREREGISTRATION MUST BE POSTMARKED BY AUG. 2, 2021.
YOU CAN ALSO PAY ONLINE AT WWW.GIVEDANVILLE.ORG